

Full Report (All Nutrients) 45109025, BAKERY FRESH GOODNESS, CHOCOLATE ENROBED CAKE DONUTS, UPC: 011110045546

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer The Kroger Co.

Nutrient	Unit	Data points	Std. Error	69.0 g 69g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	320	464
Protein	g	--	--	3.00	4.35
Total lipid (fat)	g	--	--	20.00	28.99
Carbohydrate, by difference	g	--	--	34.00	49.28
Fiber, total dietary	g	--	--	1.0	1.4
Sugars, total	g	--	--	18.00	26.09
Minerals					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	1.44	2.09
Sodium, Na	mg	--	--	290	420
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	13.000	18.840
Fatty acids, total monounsaturated	g	--	--	4.499	6.520
Fatty acids, total polyunsaturated	g	--	--	2.498	3.620
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	10	14

Amino Acids

Other

Ingredients
ENRICHED FLAVOR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, PALM OIL AND

FRACTIONATED PALM OIL, HYDROGENATED PALM KERNEL OIL, HYDROGENATED VEGETABLE OIL (PALM KERNEL OIL, COCONUT OIL, PALM OIL), SOYBEAN OIL, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: COCOA PROCESSED WITH ALKALI, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE), SOY FLAVOR, EGGS, NONFAT MILK, CORN SYRUP SOLIDS, COCOA, SALT, SOY LECITHIN (EMULSIFIER), WHEY, PROPYLENE GLYCOL MONO-AND DIESTERS OF FATS AND FATTY ACIDS. SODIUM STEAROYL LACTYLATE, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVORS, SPICE, DISTILLED MONOGLYCERIDES, XANTHAN GUM, SORBIC ACID AND SODIUM PROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES), ENZYMES, MONO-AND DIGLYCERIDES, CORN OIL, BETA-CAROTENE (COLOR), ALPHA-TOCOPHEROLS (PRESERVATIVE). *Date Last Updated by Company: 05/18/2016*